

Activity Report (DAY/WORKSHOP/FDP/STTP/CONFERENCE/MOU ACTIVITY)

DEPARTMENT	Obstetrics and Gynecology		
ACTIVITY TYPE	Expert Lecture		
ACTIVITY TITLE	Breast Feeding Awareness		
DATE & TIME	02/08/2025	Duration	10:30 to 12:30
PARTICIPANTS NO.	200		
EXPERT NAME WITH DESIGNATION	Dr. Dipalee Sakhiya Patel – BHMS, Certified Lactation Consultant		
NAME OF EXPERT'S ORGANIZATION	Sakhiya Clinic		
EXPERT CONTACT DETAILS	9664826382		
FACULTY COORDINATOR	Dr. Leena Sharma & Dr. Kiran Harjani		
FACULTY CONTACT DETAILS	8769415717 & 9173332802		
SDG	3		
MOU Activity	NA		
SPONSORING AUTHORITY	--	Sponsorship amount:	--

Objective:

- To increase awareness about the recommended breastfeeding practices, such as exclusive breastfeeding for the first six months and continued breastfeeding along with complementary feeding up to two years or beyond.
- To inform about proper breastfeeding techniques and positions to ensure effective feeding and prevent common problems like nipple pain or engorgement.
- To raise awareness about the challenges and barriers to breastfeeding, including social, cultural, and workplace issues, and suggest strategies to overcome them.
- To encourage early initiation of breastfeeding within the first hour of birth.
- To emphasize the role of family support, healthcare providers, and community in promoting and sustaining breastfeeding practices.

Activity Details:

Time	Activity	Description
5 min	Introduction	Welcome participants, introduce the expert and objectives
10 min	Overview of Breastfeeding Benefits	Explain nutritional, immunological, and psychological benefits for mother and baby
10 min	Breastfeeding Practices & Techniques	Discuss exclusive breastfeeding, positioning, latch-on, common challenges
10 min	Myths and Facts	Clarify common misconceptions with evidence-based information
10 min	Role of Support & Overcoming Barriers	Talk about family, community, workplace support, and strategies to encourage breastfeeding
20 min	Stamps for breast feeding awareness	Dr. Ankur Desai presented a special presentation on the significance of breastfeeding stamps, explained them in detail.
10 min	Q&A Session	Allow participants to ask questions and clarify doubts

Time	Activity	Description
5 min	Conclusion	Summarize key points
20 min	Felicitation & Vote of thanks	Expert lecturer felicitated by Dr. Leena Sharma followed by vote of thanks

As a part of the academic activity, the Department of Obstetrics & Gynecology organized an Expert Lecture on August 2 2025 from 10.30 am-12.30 pm Breastfeeding Awareness commenced with an introductory address by Dr. Kiran Harjani, who warmly welcomed the participants and outlined the objectives of the session. Following this, Dr. Dipalee Sakhiya Patel delivered an insightful expert lecture covering the various benefits of breastfeeding, best practices including exclusive breastfeeding, correct positioning, and ways to overcome common challenges. Dr. Dipalee Patel also dispelled common myths surrounding breastfeeding with evidence-based information, emphasizing the crucial role of family and community support. Later in the program, Dr. Ankur Desai, the principal, gave a special presentation on the significance of breastfeeding stamps, highlighting their role in promoting breastfeeding awareness and advocacy. The session was enriched with visual aids and educational materials, and concluded with an interactive question-and-answer segment, enabling participants to clarify their doubts. Session concluded by felicitating expert lecturer and vote of thanks given by Dr. Leena Sharma.

Glimpses of activity:





GPS Map Camera



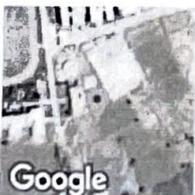
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Vadodara, Gujarat, India

79v5+fm, Gujarat 391760, India, Vadodara, Gujarat 391760, India

Lat 22.293481° Long 73.35929°

02/08/2025 10:58 AM GMT +05:30



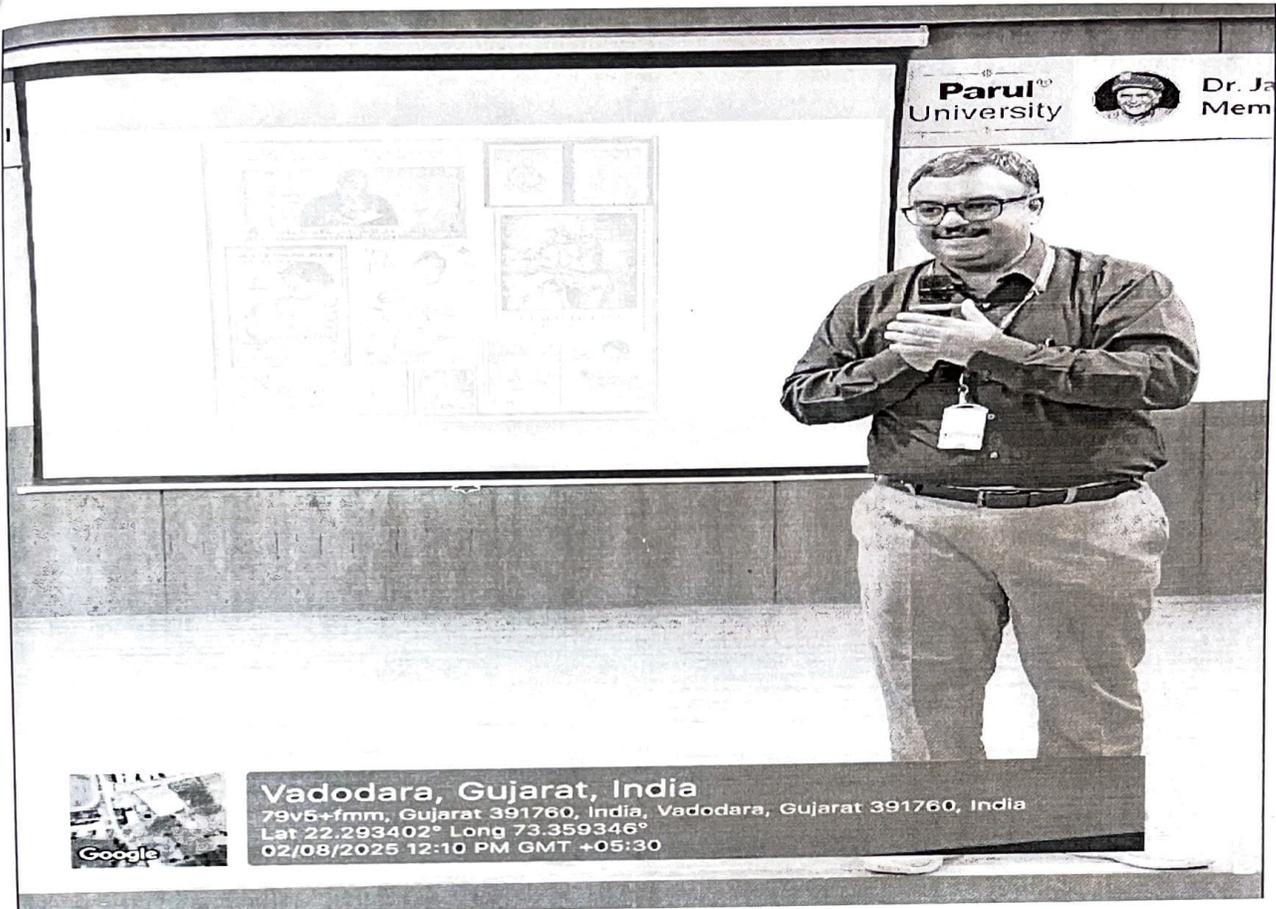
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Vadodara, Gujarat, India

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Lat 22.293402° Long 73.359346°

02/08/2025 12:10 PM GMT +05:30



Outcome:

The event improved participants' knowledge of breastfeeding benefits and best practices. Dr. Ankur Desai's presentation highlighted breastfeeding advocacy through stamps. The Q&A session clarified doubts and boosted confidence among attendees.

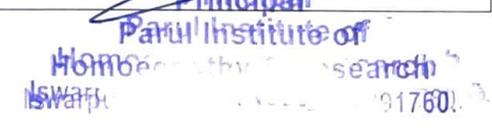
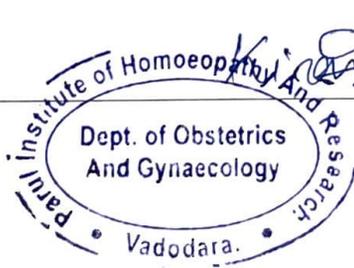
Attendance Sheet:

Sheet attached

Result summary of Pre and Post Test: NA

Planning of activity from the Test result: NA

Name & Signature of coordinator  DR. KIRAN HARTANI	Name, Signature & stamp of Head of the Department FOH, 	Name, Signature & stamp of HOI Dr. Ankur Desai 
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Principal
Parul Institute of
Homoeopathy & Research
Iswarpura, Limda, Vadodara-391760.

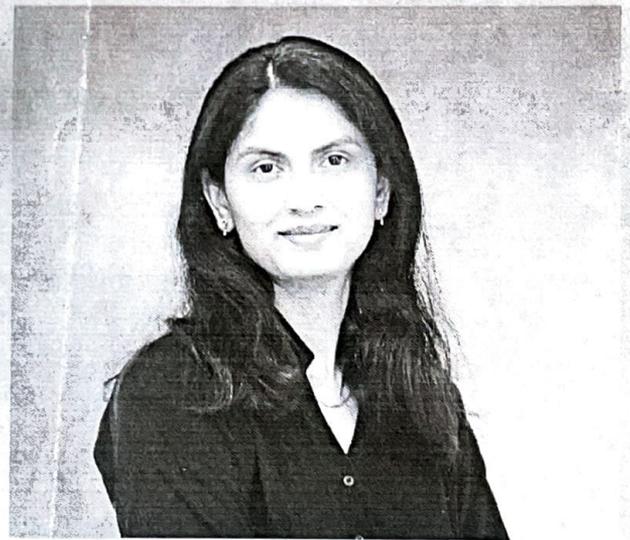
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University

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ACCREDITED UNIVERSITY

“EXPERT LECTURE”

On occasion of
WORLD BREAST FEEDING
WEEK

**Topic: Breast Feeding
Awareness
SDG 3**



Date: 2/08/2025

**Time: 10:30 AM
Onwards**

**Speaker: Dr. Dipalee
Sakhiya Patel**

Hosted by: OBGY Dept., PIHR in collaboration
with WDC

Venue: Dr. J.K. Patel seminar hall, PIHR

**PARUL INSTITUTE OF HOMOEOPATHY AND
RESEARCH
DEPARTMENT OF OBSTETRICS AND
GYNAECOLOGY**

DATE: 01/08/2025

CIRCULAR

It gives us immense pleasure to inform you that the Department of Obstetrics and Gynaecology of Parul Institute of Homoeopathy and Research is organizing an **Expert Lecture** on the topic **“BREAST FEEDING AWARENESS”** by Dr. Dipalee Sakhiya Patel. *for B.H.M.S students.*

We cordially invite the staff members ~~of PIHR~~ to join an insightful understanding and learning on the occasion of **“WORLD BREASTFEEDING WEEK”** 1-6 august 2025. →

The details of the lecture are as follows:

 **Date: 02/08/2025**

 **Time: 10:30 AM – 12:30 PM**

 **Venue: Dr. J.K. Patel Memorial Seminar Hall, 3rd floor of Parul Institute of Homoeopathy and Research**

This lecture aims to enrich the knowledge of students and faculty members, and research scholars are cordially invited to attend this informative session.

Your presence will be highly appreciated.


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PIHR**
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Homoeopathy & Research
Iswarpura, Limda, Vadodara-391760.


HOD & Prof.
Dept. of Obstetrics & Gynaecology

 Parul University		2025-26 PIHR - BHMS(w.e.f 2022-23) - BHMS(w.e.f 2022-23) Year 2 PIHR - PIHR- 2ND BHMS(w.e.f 2022-23) - A.Y-2025-2026		
Roll No.	Enrollment No.	Name	Batch	Signature
1	2304401020001	AMALIYAR VIPULBHAI DINESHBHAI	1	
2	2304401020002	BALDANIYA ANITAEN SHAMJIBHAI	1	
3	2304401020003	BALDANIYA MILAN RAMESHBHAI	1	
4	2304401020005	BAMAN PRAGATIBEN PRADIPKUMAR	1	
5	2304401020006	BARIYA DIVYABEN GOVINDBHAI	1	
6	2304401020007	BAROT RIDHAM SOMABHAI	1	
7	2304401020008	BHAMAT ASHISHKUMAR KAMJIBHAI	1	
8	2304401020009	BHATT DARSHAKKUMAR NILESHBHAI	1	
9	2304401020010	BHESANIYA RUSHIL CHANDUBHAI	1	
10	2304401020012	BHORANIYA SIMI GULABMAHAMAD	1	
11	2304401020013	CHANGANI JILKUMAR JIGNESH	1	
12	2304401020014	CHARPOT PRIYANSHKUMAR ALPESHKUMAR	1	
13	2304401020015	CHAUDHARI KHUSHIKUMARI SUNILBHAI	1	
14	2304401020016	CHAUHAN KRISH ASHOKBHAI	1	
15	2304401020017	CHAUHAN RAJ PRAMODBHAI	1	
16	2304401020018	CHOVATIYA BHARGAVI MUKESHBHAI	1	
17	2304401020019	DAHIMA RAVISINH JASUBHAI	1	
18	2304401020020	DARAJI GUNJANKUMAR SHAILESHKUMAR	1	
19	2304401020021	DARJI DIVYKUMAR SATISHBHAI	1	
20	2304401020022	DEDAKIYA PRINCY RAJANBHAI	1	
21	2304401020023	DESAI DHRUVI DHARMESHBHAI	1	
22	2304401020024	DEWASI VIJENDRAKUMAR GUMANMAL	1	
23	2304401020025	GADHAVI AASTHABEN SHAILESHKUMAR	1	
24	2304401020026	GAJJAR PRIYAL MEHUL	1	
25	2304401020027	GARODA JIGARBHAI RAMESHBHAI	1	
26	2304401020028	GINOYA PARTH ASHVINBHAI	1	
27	2304401020029	GOJIYA HETAL MERAMANBHAI	1	
28	2304401020032	JADAV VINIT NITIN	1	
29	2304401020033	JAIN HEENABEN RAKESHBHAI	1	
30	2304401020034	KACHHADIYA DARSHAN VINUBHAI	1	
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32	2304401020037	KARAL PIYUKSHA RAJENDRA	1	
33	2304401020038	KARANGIYA VISHAL DEVATBHAI	1	
34	2304401020039	KHER HEERKUMARI AJITSINH	1	

35	2304401020040	LAD VINISHA DHARMESHBHAI	1	Vinisha
36	2304401020041	LADUMOR TEJASVI RAMESHBHAI	1	Tejasvi
37	2304401020042	LAKHANI SANOVAR IQBALBHAI	1	Sanovar
38	2304401020043	LAKUM MANSI KANJIBHAI	1-	Mansi
39	2304401020044	LUVANI PRINCE HITESHBHAI	1	Prince
40	2304401020046	MAHESHWARI MEGHA PREMKUMAR	1	Megha
41	2304401020047	MAHETA NENSI GHANASHYAMBHAI	1	Nensi
42	2304401020049	MALAVIYA PREKSHA ANUPAMBHAI	1	Preksha
43	2304401020050	MALIK SOHANA SAJIDKHAN	1	Sohana
44	2304401020052	MISTRY RONAK HITENDRABHAI	1	Ronak
45	2304401020054	NAKUM JEET PARBATBHAI	1	Jeet
46	2304401020055	ODHAVANI VISHVA HITESH	2	Vishva
47	2304401020056	PAMBHAR VATSAL ASHVINBHAI	2	Vatsal
48	2304401020057	PAREKH JAY SANJAY	2	Jay Parekh
49	2304401020058	PARMAR AYUSH BHARATBHAI	2	Ayush
50	2304401020059	PARMAR MADHAVIBEN MANUBHAI	2	Madhavi
51	2304401020061	PARMAR NISHABEN DHIRAJBHAI	2	Nishu
52	2304401020062	PATEL HONEY RAJESHBHAI	2	Honey Patel
53	2304401020063	PATEL ISHA KALPESHBHAI	2	Isha Patel
54	2304401020064	PATEL JUGAL BHAVESH	2	Jugal
55	2304401020066	PATEL TIRTHKUMAR SUKHDEVBHAI	2	Tirth
56	2304401020067	PATHAN AYANULHAKK ALIABBASKHAN	2	A.A. Pathan
57	2304401020068	PATIL NARENDRA DIPAK	2	Narendra
58	2304401020069	PAWAR ASMITABEN ANANDBHAI	2	Asmita
59	2304401020070	PETHANI DEEP PARESHBHAI	2	Deep
60	2304401020071	POKAL TIRTH BHIKHUBHAI	2	Tirth
61	2304401020072	PRAJAPATI BHOOMIBEN RAMANBHAI	2	Bhoomi
62	2304401020073	PRAJAPATI VIJAYKUMAR KAMLESHJI	2	Vijay
63	2304401020074	RANA DEEPAKUMAR RAJESHBHAI	2	Deepa
64	2304401020075	RATHOD DWIJ SILPAT SINGH	2	Dwij
65	2304401020076	RATHOD RABIYABASHARI FAKIRMAHAMMAD	2	Rabiya
66	2304401020077	RATHVA KINJALBEN VINODBHAI	2	Kinjal
67	2304401020079	SAIYED SAMANBANU HAIDARALI	2	Saman
68	2304401020080	SARVAIYA BHAVIK ISHWARBHAI	2	Bhavik
69	2304401020081	SAVALIYA DHVANI SANJAYBHAI	2	Dhvan

70	2304401020082	SHEKH MUNISHABANU SAFIKBHAI	2	<i>A</i>
71	2304401020084	SOLANKI BHUMIKABEN SANJAYKUMAR	2	<i>Adams</i>
72	2304401020085	SOLANKI KRUNALKUMAR BHUPATBHAI	2	
73	2304401020086	SOLANKI VISHAL BABUBHAI	2	<i>Vishal Babubhai</i>
74	2304401020087	SONI MEGHA KALPESHBHAI	2	<i>Megha</i>
75	2304401020088	SRUSHTI RAJESH PATEL	2	<i>Srushti</i>
76	2304401020089	SUKHADIYA TASNIM HOJEFABHAI	2	<i>Tasnim</i>
77	2304401020090	THAKKAR KHUSHIBEN SANJAYKUMAR	2	<i>Khushi</i>
78	2304401020091	THAKOR ANITABEN BHANUBHAI	2	<i>Anita</i>
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80	2304401020093	VAGHELA KULDIP RAJESHKUMAR	2	<i>Kuldip</i>
81	2304401020094	VALAND ANJALIBEN MAHENDRABHAI	2	<i>Anjali</i>
82	2304401020095	VANZARA SHRADDHABEN KISHORKUMAR	2	<i>Shraddha</i>
83	2304401020096	VASAVA SAKSHIKUMARI ARVINDBHAI	2	<i>Sakshi</i>
84	2304401020098	HEENA PUROHIT NENMAL	2	<i>Heena</i>
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86	2204401010014	HARSHIT JIGNESHBHAI PURANVAIRAGI	2	
87	2204401010019	JETHVA DEV BIPINKUMAR	2	
88	2204401010081	ZINZALA BHARGAV DAYABHAI	2	
89	2204401010082	BARIYA KINJALBEN	2	

PARUL INSTITUTE OF HOMOEOPATHY AND RESEARCH



FOURTH BHMS-2024-2025

STUDENT LIST

SR.NO	ENROLLMENT NO.	NAME	SIGN
1	210440101001	CHAUDHARY DHARA HEERALAL	<i>[Signature]</i>
2	210440101002	DESAI MANISHKUMAR VITTHALBHAI	<i>[Signature]</i>
3	210440101003	DESAI NENSIBEN BHALABHAI	<i>[Signature]</i>
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7	210440101007	MISHRA AMANKUMAR CHANDRAPRAKASH	<i>[Signature]</i>
8	210440101008	PATEL ASHIYANA ABDULLAH	<i>[Signature]</i>
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41	210440101042	LIMBACHIYA URVIBEN DIPAKBHAI	<i>[Signature]</i>
42	210440101043	LORIA DANIS JAVED	<i>[Signature]</i>
43	210440101044	MADHVASWALA HUSSAIN MUSTANSIR	<i>[Signature]</i>
44	210440101045	MAHESHWARI BHAVIKA DASHRATHBHAI	<i>[Signature]</i>
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47	210440101048	MANSURI UJMABANU SAKIRHUSSEIN	<i>[Signature]</i>
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49	210440101050	MISTER SAKINA HUSAIN	<i>[Signature]</i>
50	210440101051	MORI MOHINIBEN VALCHANDBHAI	<i>[Signature]</i>
51	210440101052	MUNIYA NANDANIBEN RAJENDRABHAI	<i>[Signature]</i>
52	210440101053	NANDNI HANSORA	<i>[Signature]</i>
53	210440101054	OTRADI ADITYA BHAVESHBHAI	<i>[Signature]</i>

54	210440101055	PANCHAL DARASH HARNISHBHAI	Don
55	210440101056	PARMAR ARAVINDKUMAR RAMSHUBHAI	May
56	210440101057	PARMAR MAHESHBHAI DEVSHIBHAI	May
57	210440101058	PARMAR MAULIKA VIJAYSINH	May
58	210440101059	PATEL BHAGYESH JITENDRABHAI	May
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60	210440101062	RATHOD HINA ANILKUMAR	May
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80	210440101082	PATEL JAY ASHVINBHAI	May
81	210440101083	PATEL KISHANKUMAR HASMUKHBHAI	May
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87	210440101089	GUDRASIYA ABHISHEK GUNAVANTBHAI	May
88	210440101090	KADAM PRANITA VISHWANATH	May
89	210440101091	KURMI NEHA SHAMBHUNATH	May
90	210440101092	ODE DHARUVIL BIPINBHAI	May
91	210440101093	PARMAR ADITYASINH JAYESHBHAI	May
92	210440101094	PATEL DRASHTIBEN JAYANTILAL	May
93	210440101095	PATEL HETVI KARTIKKUMAR	May
94	210440101096	PATEL PRERANA HITESHBHAI	May
95	210440101097	PATEL VANSHIKA HARSHADKUMAR	May
96	210440101098	RAJ YASHASVI KANTIBHAI	May
97	210440101099	SHAH HETVI CHIRAGKUMAR	May
98	210440101100	VASAVA MAHIMA MAHESHKUMAR	May
99	200440101064	SHAH ARSHIL SAMIRBHAI	May